

Health Safety Expectations for Student & Homestay Families

Continue to practice proper hygiene

- Wash hands frequently
- Keep your washroom clean
- When soap and water is not available, use hand-sanitizer
- Let your homestay family know if you don't feel well. If you are ill, do not attend school or be in social contact with others

Use proper coughing and sneezing etiquette

- Cough and sneeze into your elbow, not your hand
- If using a tissue, dispose of the tissue in a plastic lined garbage container immediately

Practice physical distancing when outside of the home

- Stay at least 2m away from all people who are not members of your immediate household
- Avoid crowded spaces like malls and sporting events
- Always carry a mask and use it when physical distancing is difficult or impossible

Get connected

- After being in your room for 14 days, it may feel normal for you to be there. You and your homestay family will have to start to make new routines where you are integrated with the family and part of their daily lives. Quarantine is not 'normal' ... and it not the expectation after the 14 days are over!
- Keep communicating and reaching out to our staff as needed

If a Student or Family Member Develops Symptoms or is Diagnosed with COVID-19

If anyone in a household is experiencing even mild symptoms including fever, chills, cough, shortness of breath, loss of sense of smell, headache, muscle ache, fatigue or loss of appetite they should talk to their host family and:

- Complete the self-assessment tool - <https://bc.thrive.health/covid19/en>
- Follow the directions outlined on the self-assessment tool and contact public health authorities if, when and how recommended
- Contact the International Student Program
- Follow the directions of the Public Health Authority
- Natural parents will be asked to travel to Canada to care for the student whenever possible

In the unlikely event that a host is ill and unable to care for the student, a respite or alternate arrangement will be made

Resources

For further reading on preparation for contact with and care for individuals exposed to COVID- 19, please refer to the following:

- Vancouver Airport Website on Travel Directives and Screening - <https://www.yvr.ca/en/updates/covid-19-update-2>
- Frequently asked questions at Vancouver Airport regarding COVID-19 - <https://www.yvr.ca/en/coronavirus/faq>
- Tips for proper hand-washing - <https://bc.thrive.health/covid19app/resources/58c360e2-ad98-47f3-bcf9-2c162c96a626?from=/home>
- Tips for cleaning and disinfecting, including garbage collection and laundry procedures - <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/prevention- risks/cleaning-and-disinfecting>
- Physical Distancing Fact Sheet - <http://www.bccdc.ca/Health-Info-Site/Documents/COVID19-Physical-distancing.pdf>
- COVID-19 and Children in School - <https://www2.gov.bc.ca/assets/gov/health/about- bc-s-health-care-system/office-of-the-provincial-health-officer/covid-19/covid-19- pho-guidance-k-12-schools.pdf>
- Self-Quarantine Explained - <https://www.canada.ca/content/dam/phac-aspc/documents/services/publications/diseases-conditions/coronavirus/covid-19- how-to-self-isolate-home-exposed-no-symptoms/covid-19-how-to-self-isolate- home-exposed>

